

## INSTRUCTIONS FOR USE

### ADLARITY® (Ad-lare-it-ee)

#### (donepezil transdermal system)

Read this Instructions for Use before you use ADLARITY for the first time and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition and treatment. Talk to your healthcare provider or pharmacist about how to use the ADLARITY transdermal system.

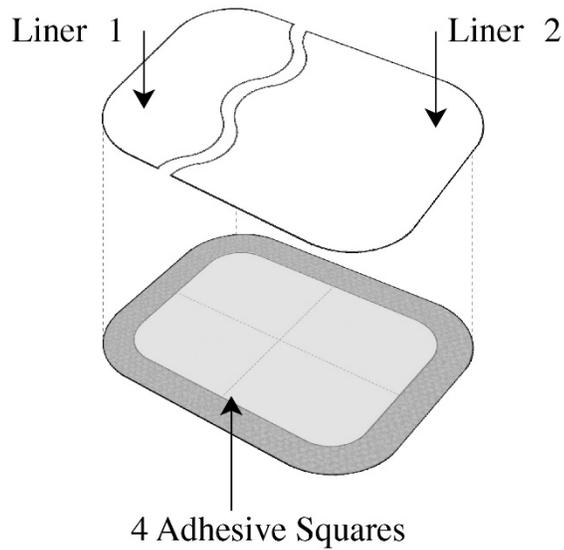
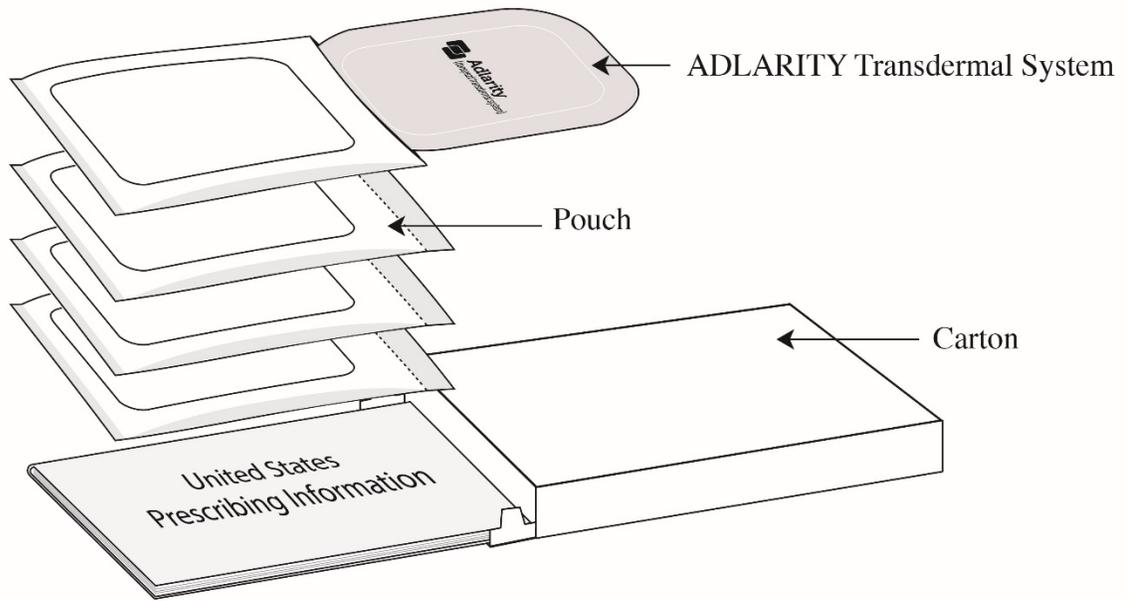
#### Important information you need to know before using ADLARITY:

- Use the ADLARITY transdermal system exactly as your doctor tells you to.
- Wear **only 1 transdermal system** at a time.
- Each ADLARITY transdermal system should be worn **continuously for 7 days**.
- The ADLARITY transdermal system should be worn during showers or baths.
- Each ADLARITY transdermal system should be **replaced after 7 days**. Choose a convenient time on a specific day of the week that works best for the regular application of the ADLARITY transdermal system, such as every Saturday morning.
- **Do not apply a new transdermal system to the same skin area for at least 2 weeks** (14 days) after removal to decrease the chance of skin irritation. For example, a new transdermal system can be placed on the same body location, such as the back, but should not be placed on the same area of the back for at least 2 weeks.
- Remove the old transdermal system before applying the new transdermal system to a different skin site. You can write down the date and site of application to remind you when to remove and replace the transdermal system.
- **Avoid** exposure to heat sources such as excessive sunlight, saunas, sunrooms, or heating pads for long periods of time. Too much medicine could be absorbed into your body.
- **Use ADLARITY within 24 hours** after removal from the refrigerator.
- **Do not** apply a cold transdermal system. **Do not** use external heat sources, such as a microwave, hair dryer, heating pad or direct sunlight, to warm the transdermal system.

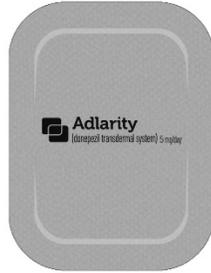
#### The ADLARITY transdermal system

- ADLARITY is a tan rectangular transdermal system that comes in 2 strengths: 5 mg and 10 mg.
- ADLARITY transdermal system is supplied in a carton containing 4 individual transdermal systems of the same strength (4 week supply). Each transdermal system is sealed inside a pouch protecting it until you are ready to apply it.
- ADLARITY is applied 1 time weekly (every 7 days).

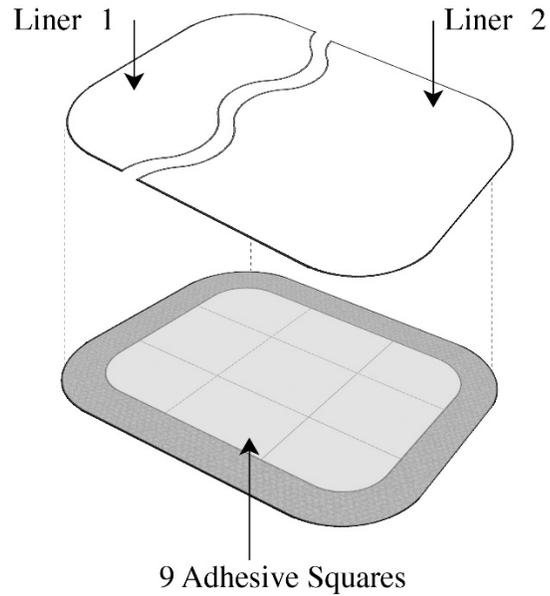
## ADLARITY Carton



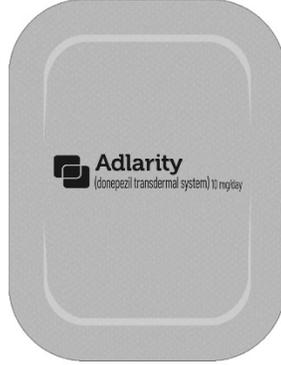
**ADLARITY transdermal system 5 mg**  
(view with liners removed)



**ADLARITY transdermal system 5 mg**  
(side that faces away from skin)



**ADLARITY transdermal system 10 mg**  
(view with liners removed)



**ADLARITY transdermal system 10 mg  
(side that faces away from skin)**

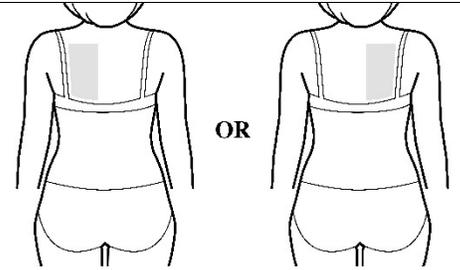
### How to store ADLARITY

- Store ADLARITY in the refrigerator between 36°F to 46°F (2°C to 8°C).
- **Do not** store ADLARITY in the freezer.
- Keep ADLARITY in the sealed pouch until ready for use.
- Keep ADLARITY and all medicines out of the reach of children.

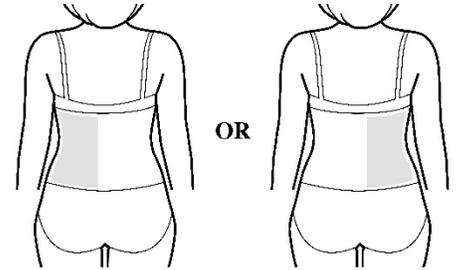
### How to use ADLARITY

<b>Step 1: Where to apply the ADLARITY transdermal system</b>	
<b>Important:</b> Wear only 1 transdermal system at a time. <ul style="list-style-type: none"><li>• Check the expiration date.</li><li>• Wash your hands with soap and water before handling the transdermal system.</li></ul>	<b>Application sites</b>

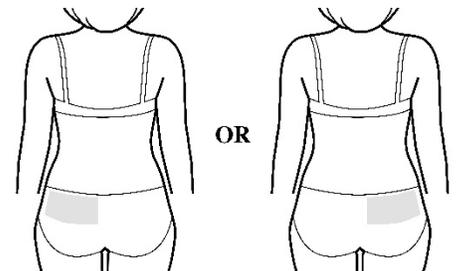
- Choose a clean and dry area of skin, where no cream, lotion, or powder has recently been applied.
- Choose skin without cuts or scrapes and hairless or nearly hairless. If there is hair at the skin site, **do not shave** as this may increase risk of skin irritation. Use scissors to clip hair as close to the skin as possible, before applying the transdermal system.
- Apply the transdermal system to the skin in areas shown with grey shading. **The recommended application site is the back.** If self-applying the transdermal system or if the transdermal system is not expected to be removed by the patient before the full 7 days, ADLARITY can be placed on the upper buttocks or upper outer thigh.
- Apply the transdermal system in either a vertical (short side of the transdermal system at the top and bottom) or horizontal (short side of the transdermal system on the left and right) direction. If the transdermal system is placed on the buttocks, it should be positioned in a horizontal direction.
- Do not apply the transdermal system to skin that has cream, lotion, or powder on it.
- Do not apply the transdermal system to an area where it can be rubbed off by tight clothing or undergarments.
- Do not apply the transdermal system over skin folds or across the spine.



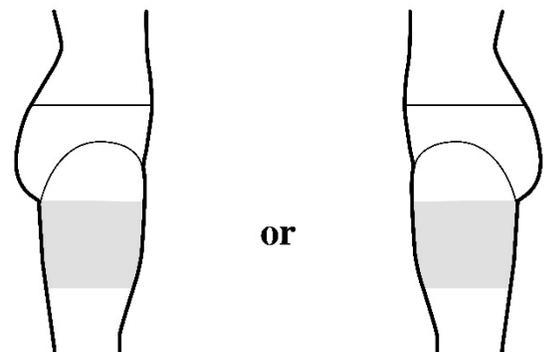
**Upper Back**



**Lower Back**



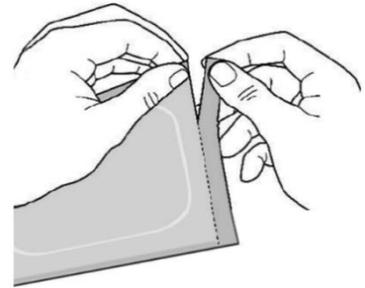
**Upper Buttocks**



**Upper Outer Thighs**

### Step 2: Removing the ADLARITY transdermal system from the pouch

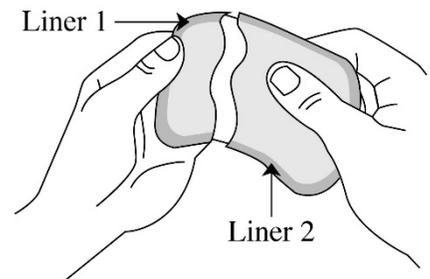
- Allow the pouch to reach room temperature before opening and applying.
- Make sure seal is not broken.
- Open the pouch by carefully tearing along the dotted line from the corner.
- Remove the ADLARITY transdermal system from the pouch. Apply to skin right away.
- Do not cut, damage, or use parts of the transdermal system. Use the full transdermal system to get required dose.



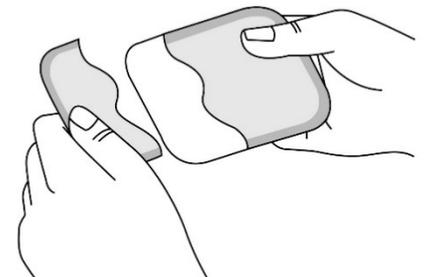
**Tear from the corner along the dotted line, as shown**

### Step 3: Removing liner 1 from the ADLARITY transdermal system

- Hold the transdermal system so the liner side (blue tinted transparent film) is facing you.
- Bend the transdermal system at the wavy cut in the middle to separate Liner 1 from Liner 2.
- Remove Liner 1. Keep Liner 2 attached to the transdermal system (you will remove it in Step 4).
- **Avoid** touching the sticky (adhesive) side of the transdermal system with your fingers as that can keep the transdermal system from staying on for the full 7 days. **Avoid** sticking the transdermal system to itself.



**Remove blue tinted liner 1.**



#### Step 4: Applying the ADLARITY transdermal system and removing liner 2

- Place the short, sticky (adhesive) side of the transdermal system to the application site against the patient's skin. Slowly peel away blue tinted liner 2 while applying gentle pressure with the fingers of your other hand to smooth the transdermal system in place.

##### Vertical Application



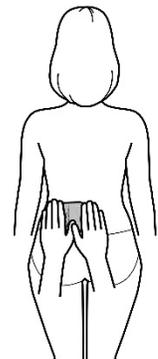
Remove blue tinted liner 2.



##### Horizontal Application

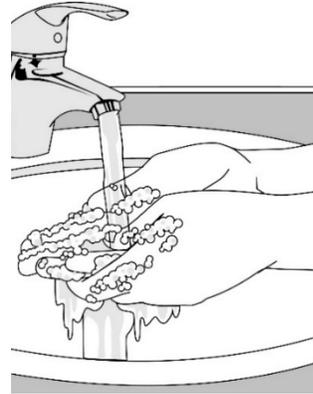


Remove blue tinted liner 2.



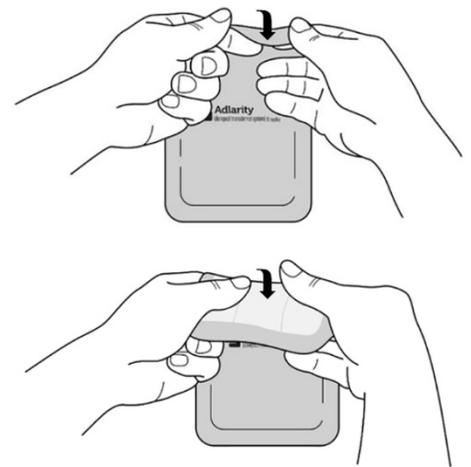
- Smooth the entire transdermal system with your fingers or palm of your hand to avoid creating folds. **Press down on the transdermal system firmly for 30 seconds to make sure that the edges stick to the skin.**

- Wash your hands with soap and water after applying the transdermal system.



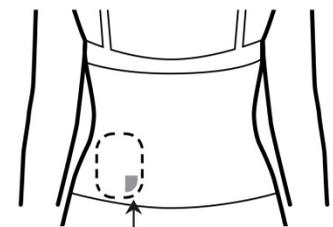
**Step 5: Removing the ADLARITY transdermal system**

- Follow the steps below to remove and safely throw away (dispose of) a used ADLARITY transdermal system after 7 days.
- Using the thumbs of both hands, slowly and evenly peel off the ADLARITY transdermal system from the top to the bottom.
- Following this step may lower the chance that pieces of the transdermal system will be left on the skin and cause irritation at the application site.



**Step 6: Checking the skin for any remaining adhesive squares**

- Look at the transdermal system application site for any remaining adhesive squares left on the skin.
- If you see any adhesive squares left on the skin, you can use your fingers to remove them and place them on the sticky side of the used transdermal system.
- Mineral oil or baby oil may be used to wipe off any remaining adhesive.
- Do not use alcohol or nail polish remover to remove remaining adhesive.



**Adhesive square left on skin**

## Step 7: Disposing of the used ADLARITY transdermal system

- Fold the transdermal system in half with the sticky (adhesive) side pressed together.
- Throw away (dispose of) the used transdermal system in the household trash.
- Do not reuse transdermal systems.
- Do not flush used transdermal systems down the toilet.
- **Wash your hands with soap and water** after you throw away (dispose of) the used transdermal system.

**Note:** Some medicine stays in the transdermal system after the 7 days of use. The used transdermal system should be folded together and safely thrown away.

**NOTE:** If the transdermal system falls off before it is time to change it, **do not try to reapply that transdermal system.** Instead, choose a **new application site and repeat Step 2 through Step 4 to apply a new transdermal system to the skin.** Replace the new transdermal system 7 days later to start a new 1 week cycle.

For example, if you usually replace the ADLARITY transdermal system on Saturdays, but during one of the weeks the transdermal system falls off on Wednesday, apply a new ADLARITY transdermal system right away and replace it the following Wednesday.

ADLARITY is a trademark of Corium, Inc.

Manufactured and distributed by: Corium, Inc., Grand Rapids, MI 49512

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

Approved: 03/2022

